

Gross Motor - Level 2

2.2.5 Magic Door

Climb in and out of hoops, pretend it's a magic door. Move through the hoop in different ways.

Purpose

To promote movement and mobility.

To promote motor planning.

To promote co-ordination.

Observation

Can the child maneuver themselves through the hoops?

Can the child go through the hoop in various ways?

Can the child keep their balance?

Equipment

Mats

Hoops