

## Activities to try:

Messy tray play (draw patterns with your finger):

- Use flour.
- Shaving Foam.
- Sand.
- Cornflour and water

Use different types of marker such as wax crayons, chalks, felt pens, short pencils, paints etc.

Use a variety of writing surfaces:

- Blackboard.
- Paper.
- Wallpaper.
- Corrugated card.
- Flour.
- Magnadoodle.
- Outdoor surfaces with chalk or water.

Water filled squirty water bottles for drawing outside.

Sky writing:

- With finger in the air.
- Twirling ribbon in the air.
- With torch in a dark room.

**Try all the above with eyes closed!**

Colouring in spirals. Trace over pattern with different colours.

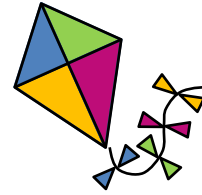
**Now you're ready for Stage 3!**

### Our Details:

Children's Therapy  
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If you have any queries, please contact your therapist



**NHS**

**South West  
Yorkshire Partnership**  
NHS Foundation Trust



# Multi-Sensory Mark

## Making and Handwriting

### Stage 2 Pre-Writing Patterns



**Barnsley Children's Therapy Services**



**Name:**

**NHS Number:**

[www.southwestyorkshire.nhs.uk](http://www.southwestyorkshire.nhs.uk)

With **all of us** in mind.

Welcome to our multisensory approach to developing handwriting skills. It's aim is to increase your child's awareness of their body position and movement when writing.

These activities should be **fun** and be completed on a daily basis where possible. 5 to 10 minutes a day is more beneficial than an hour once a week.

**You will need:**

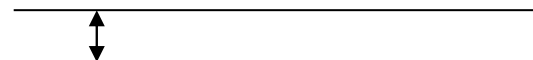
- Paper (different types and textures).
- Pens, pencils, crayons, chalks.
- Pictures to colour.

Encourage a mature pencil grip (see additional sheet).

Tick the box when you can achieve the task:

Draw a line between 2 points (across an A4 sheet of paper):

**Straight:**




Within a 2cm wide track

Within a 1cm wide track

Within a 0.5cm wide track

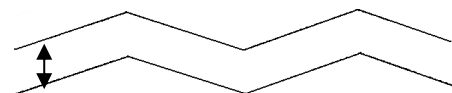
**Curved**



Within a 2cm wide track

Within a 1cm wide track

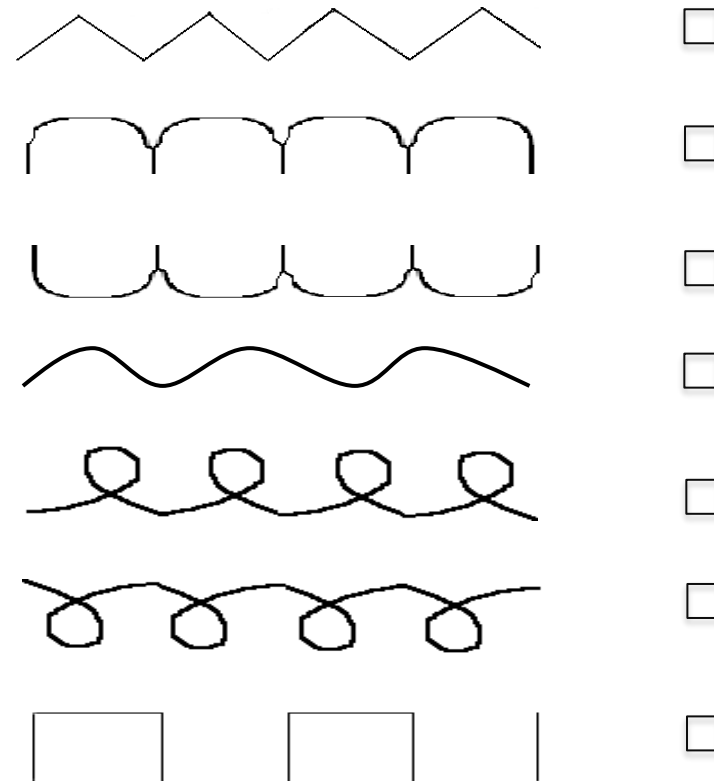
Within a 0.5cm wide track



**Now you can do maze puzzles and dot to dots.**

Can you copy the following patterns?

Try to keep even spacing



**Pre-Writing Pattern**

Activities to try...

- Give string / straws on the shape of the pattern.
- Pre draw the pattern for your child to glue along before sprinkling on glitter / sand.
- Complete patterns to music with eyes open and closed.

