

Writing example

M

Modify the task

- Using an angled writing board may help to view work easier
- Complete several 5minute tasks rather than a half hour of homework
- Sit at a correct height table

A

Alter your Expectations

- If your doing a spelling activity use magnetic letters or stamps instead of writing
- Use bullet points & words rather than long sentences or paragraphs

T

Teach Strategies

- Teach mind maps to help planning writing tasks
- Use an alphabet strip to copy accurate letter formation

C

Change the Environment

Make a work station to reduce visual distractions or sit at the front of the room but away from doors

H

Help by Understanding

Talk to year head or class teacher about strategies they are already using
Encourage your child to express their thoughts in other ways such as through a verbal presentation or picture