

Welcome to our Multisensory approach to developing handwriting skills. Its aim is to increase your child's awareness of their body position and movement when writing.

Name:

NHS No:

**If you have any queries please contact your therapist.**

Our details:

Therapist name:

**Children's Therapy**

Oaks Building  
Kendray Hospital  
Doncaster Road  
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Multisensory  
Mark Making and Handwriting

Stage 1  
Mark Making

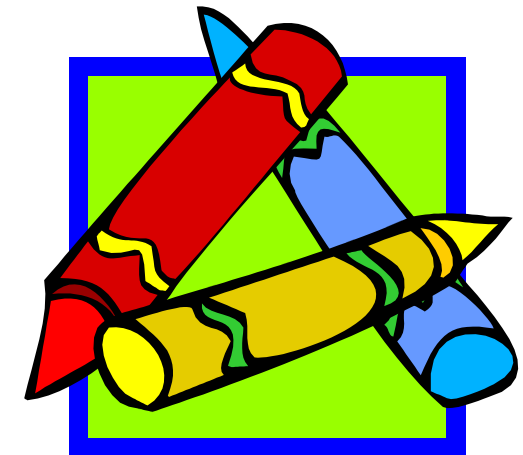
These activities should be **fun** and be completed on a daily basis where possible. 5 to 10 minutes a day is more beneficial than an hour once a week.

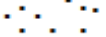












**Specific Advice:**

**You will need:**

- Paper (different types and textures)
- Pens, pencils, crayons, chalks
- Pictures to colour

**These activities should be carried out in a safe environment and supervised by a responsible adult.**



<p>Tick the box when you can achieve the task!</p> <p>Can you.....</p> <p>Make dots ? <input type="checkbox"/></p>  <p>Make horizontal scribbles? <input type="checkbox"/></p>  <p>Make vertical scribbles? <input type="checkbox"/></p>  <p>Make circular scribbles? <input type="checkbox"/></p> 	<p>Can you.....</p> <p>Copy horizontal lines? <input type="checkbox"/></p>  <p>Copy vertical lines? <input type="checkbox"/></p>  <p>Copy circles? <input type="checkbox"/></p>  <p>Copy diagonal lines? <input type="checkbox"/></p> 	<p>Activities to try</p> <p>Messy tray play</p> <ul style="list-style-type: none"> <li>• Use flour</li> <li>• shaving foam</li> <li>• Sand</li> <li>• corn flour and water in a tray to draw patterns in with your finger.</li> <li>• Use different types of marker such as wax crayons, chalks, felt pens, short pencils, paints etc.</li> </ul> <p>Use a variety of writing surfaces</p> <ul style="list-style-type: none"> <li>• Blackboard</li> <li>• Paper</li> <li>• Wallpaper</li> <li>• Corrugated card</li> <li>• Floor</li> <li>• Magnadoodle</li> <li>• Outdoor surfaces with chalk or water</li> </ul>
<p>Now you can colour in pictures!</p> <p>Use.....</p> <ul style="list-style-type: none"> <li>• Colouring books</li> <li>• Pictures drawn by you</li> <li>• Shapes</li> <li>• Take rubbings (coins, leaves,) tree bar</li> </ul> 	<p>Can you.....</p> <p>Draw long lines? <input type="checkbox"/></p>  <p>Draw short lines? <input type="checkbox"/></p> <p>Draw circles clockwise? <input type="checkbox"/></p>  <p>and anti-clockwise? <input type="checkbox"/></p>  <p>Draw wavy lines? <input type="checkbox"/></p>  <p>Draw crosses? <input type="checkbox"/></p> <p>+++++</p>	<p>Water filled squirty bottles for drawing out side</p> <ul style="list-style-type: none"> <li>• Sky writing</li> <li>• with finger in the air</li> <li>• Twirling ribbon in the air</li> <li>• With torch in a dark room</li> </ul>
<p>Can you.....</p> <p>• Colour where the picture is? <input type="checkbox"/></p> <p>• Colour within the lines? <input type="checkbox"/></p>		<p>Put features onto a paper plate (or circular card) to make faces</p> <p><b>Try all above with eyes closed!</b></p>
<div style="border: 1px solid black; border-radius: 15px; padding: 10px;"> <p><b>TOP TIPS</b></p> <p>Make boundary lines bolder or glue string along edges of the picture.</p> <p>Start with large pictures then reduce the size and increase complexity as your child improves</p> </div>		<div style="border: 1px solid black; padding: 20px; text-align: center;"> <p><b>Now you're ready for Stage 2!</b></p> </div>