

Welcome to our Multisensory approach to developing handwriting skills. Its aim is to increase your child's awareness of their body position and movement when writing.

These activities should be **fun** and be completed on a daily basis where possible. 5 to 10 minutes a day is more beneficial than an hour once a week.

Specific Advice:

You will need:

- Paper (different types and textures)
- Pens, pencils, crayons, chalks
- Pictures to colour

Name:

NHS No:

If you have any queries please contact your therapist.

Our details:

Therapist name:

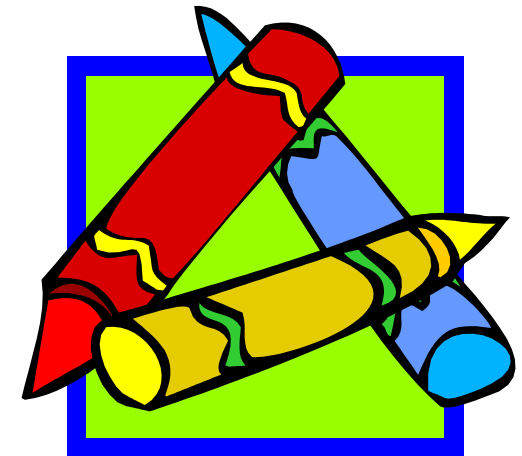
Children's Therapy
Oaks Building
Kendray Hospital
Doncaster Road
Barnsley
S70 3RD

Telephone: 01226 644396

These activities should be carried out in a safe environment and supervised by a responsible adult.

Multisensory
Mark Making and Handwriting

Stage 2
Pre-writing Patterns



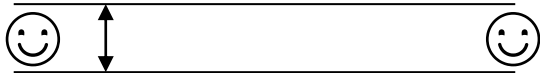
Encourage a mature pencil grip
(see additional sheet)



Tick the box when you can

Draw a line between 2 points (across an A4 sheet of paper see below)?

Straight

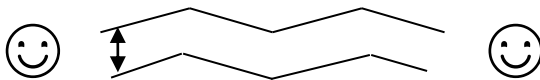


- Within a 2cm wide track
- Within a 1cm wide track
- Within a 0.5cm wide track

Curved

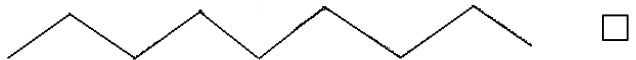

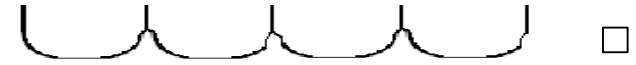


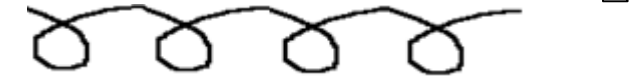



- Within a 2cm wide track
- Within a 1cm wide track
- Within a 0.5cm wide track



Can you copy the following patterns?

Try to keep even spacing.

Activities to try

- Messy tray play
 - ⇒ Use flour
 - ⇒ shaving foam
 - ⇒ Sand
 - ⇒ corn flour and water in a tray to draw patterns in with your finger.
- Use different types of marker such as wax crayons, chalks, felt pens, short pencils, paints etc.
- Use a variety of writing surfaces
 - ⇒ Blackboard
 - ⇒ Paper
 - ⇒ Wallpaper
 - ⇒ Corrugated card
 - ⇒ Floor
 - ⇒ Magnadoodle
 - ⇒ Outdoor surfaces with chalk or water
- Water filled squirty bottles for drawing out side
- Sky writing
 - ⇒ with finger in the air
 - ⇒ Twirling ribbon in the air
 - ⇒ With torch in a dark room
- **Try all above with eyes closed!**
- Colouring in spirals. Trace over pattern with different colours



Now you're ready for Stage 3!

Now you can do maze puzzles and dot to dots

Pre- writing Pattern
 Activities to try...

- Give string/ Straws in the shape of the pattern.
- Pre draw the patterns for your child to glue along before sprinkling on glitter/ sand.
- Complete patterns to music with eyes open and closed