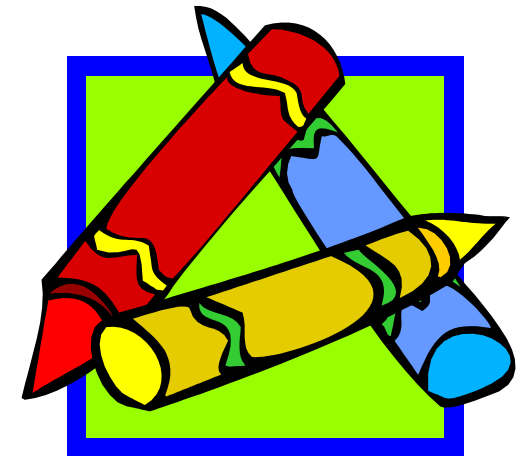


Multisensory Mark Making and Handwriting

Stage 3 Letter Formation



Welcome to our Multisensory approach to developing handwriting skills. Its aim is to increase your child's awareness of their body position and movement when writing.

These activities should be **fun** and be completed on a daily basis where possible. 5 to 10 minutes a day is more beneficial than an hour once a week.

Specific Advice:

You will need:

- Paper (different types and textures)
- Pens, pencils, crayons, chalks
- String / straws
- Small black board (A5) small sponge & chalk

Name:
NHS No:

If you have any queries please contact your therapist.

Our details:

Therapist name:

Children's Therapy
Oaks Building
Kendray Hospital
Doncaster Road
Barnsley
S70 3RD

Telephone: 01226 644396

These activities should be carried out in a safe environment and supervised by a responsible adult.

Letter Formation

Encourage a mature pencil grasp when writing
But don't worry if it is difficult to maintain
(see additional sheet)



When starting to form letters it is important to use consistent start points and sequences. This makes writing easier and helps with the transition to cursive writing.

- Pick one or two letters each day to practice.
- Talk to school about which letters they are focussing on
- Choose a different 'activity' or 'medium' from the list each day to maintain motivation
- Demonstrate each letter and let your child either trace over or copy next to it

TOP TIP
Use wet, dry, try.....


Using chalk board and chalk adult draws letter, child traces over with small damp sponge then finger then draws on out line with chalk!

a	<input type="checkbox"/>	n	<input type="checkbox"/>
b	<input type="checkbox"/>	o	<input type="checkbox"/>
c	<input type="checkbox"/>	p	<input type="checkbox"/>
d	<input type="checkbox"/>	q	<input type="checkbox"/>
e	<input type="checkbox"/>	r	<input type="checkbox"/>
f	<input type="checkbox"/>	s	<input type="checkbox"/>
g	<input type="checkbox"/>	t	<input type="checkbox"/>
h	<input type="checkbox"/>	u	<input type="checkbox"/>
i	<input type="checkbox"/>	v	<input type="checkbox"/>
j	<input type="checkbox"/>	w	<input type="checkbox"/>
k	<input type="checkbox"/>	x	<input type="checkbox"/>
l	<input type="checkbox"/>	y	<input type="checkbox"/>
m	<input type="checkbox"/>	z	<input type="checkbox"/>

Start each letter at the green dot!

Examples of letter start points, tick when you can copy each letter and write each one independently.

Activities to try

- Messy tray play
 - ⇒ Use flour
 - ⇒ shaving foam
 - ⇒ Sand
 - ⇒ corn flour and water in a tray to draw letters in with your finger.
- Use different types of marker such as wax crayons, chalks, felt pens, short pencils, paints etc.
- Use a variety of writing surfaces
 - ⇒ Blackboard
 - ⇒ Paper
 - ⇒ Wallpaper
 - ⇒ Corrugated card
 - ⇒ Floor
 - ⇒ Magnadoodle
 - ⇒ Outdoor surfaces with chalk or water
- Use water filled squirty bottles for writing out side
- Playdoh to form letters from
- Sky writing
 - ⇒ with finger in the air
 - ⇒ Twirling ribbon in the air
 - ⇒ With torch in a dark room
- Make mazes for each letter e.g. 
- Try all these above with eyes closed!

Now you're ready to write some stories!!