

M

Modify the task

Change parts of an activity that are difficult:

- Size and weight of the tools used
- Time allowed for completing the task
- Structure of the task
- Use of technology

A

Alter your Expectations

Be flexible & think about different ways to achieve the same goal

T

Teach Strategies

Break a task down into steps and teach each step separately
Give clues and use questions to help your child understand key things about the task such as body positioning, materials and distance

C

Change the Environment

Think about what might make it difficult & reduce those factors. Think about Noise, Light, Visual distractions, Number of people in the room, Furniture, Tools & equipment

H

Help by Understanding

Help everyone around your child understand that they find coordination difficult and how this affects their behaviour. Your child is not lazy, unmotivated, stubborn or difficult
Provide opportunities for your child to shine and show their strengths