



Remember sensory processing is complex.
Its different for every child (& adult) because everyone is unique!

And more importantly there is never a 'wrong' way to be!!

Specific Advice:

Potential professions :-) ...

- Painter & decorator
- Film director
- Pyrotechnics/ light show coordinator

Name:

If you have any queries please contact your therapist.

Our details:

Therapist name:

Children's Therapy
Oaks Building
Kendray Hospital
Doncaster Road
Barnsley
S70 3RD

Telephone: 01226 644396

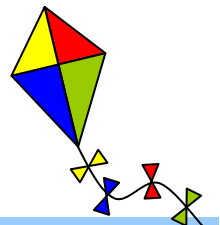
These activities should be carried out in a safe environment and supervised by a responsible adult.

Visual



Seeking

(looking for more!)



What do we mean by

Visual seeking?

'Someone who actively creates visual experiences (finds or creates things to look at) in everyday situations'

Does your child....

- Seeks bright lights
- Looks at things out of the corner of his eyes
- Watches repetitive movements – finger flicking/ spinning objects

For those individuals who 'seek' sensory information, the aim is to **increase the intensity** of specific sensory experiences within daily activities

I.e. Provide opportunities to experience **more** visual information

Ideas to try.....

Play/ school work / concentration

- Use contrasting backgrounds to make objects stand out (blue desk mat with white paper on for writing)
- Highlight edges of paper for writing
- Play with visual toys (lights/ coloured images)
- Use bright and spot lighting
- Use torches in a dark room to 'find' objects or shapes (in school could find letters, answers to maths puzzles, spellings etc.)

Dressing/ Grooming

- Include bright colours or bold patterns on clothing
- Try coloured 'bath bombs', bubble bath or body wash to promote washing
- Use contrasting backgrounds to make objects stand out (yellow placemat with blue crockery at meal times)
- Use visual timers and schedules to help organisation
- Mirrors

Ideas of things to make

- Shaker toys (glitter, sequins)



- Spinners

- Labels drawers & cupboards with pictures



- Kaleidoscope
- Gel bags with objects or letters inside

