

Body Awareness - Level 1

1.3.2 Face Song

Sit in a circle able to see the facilitator, sing an action song that includes facial features. Point to eyes, ears, mouth and nose as appropriate. Child may need hand on hand assistance to point initially, then may copy. Progress to pointing on other people, dolls and teddy bears.

Purpose

To promote sense of self awareness.

To promote knowledge of facial features on self and others.

Observations

Can child sit in circle for the song?

Can child point to own facial features?

Can child point to facial features on other people or toys?

Equipment

Mirror – to look at facial features and help with where to point initially.