

Body Awareness - Level 1

1.3.4 Muddy Puddles

Place hands in a shallow tray of 'child friendly' paint. Encourage the child to open their fingers and place flat hands onto paper to make prints. Then place the child's feet into the tray to make footprints.

Purpose

To promote eye-hand and eye-foot co-ordination.

To promote tactile stimulation.

Observations

Will child put hands/feet into the paint?

What reaction does the child have to the activity?

Equipment

Paint

Tray

Paper

Washing facilities