

Gross Motor - Level 1

1.2.1 Clapping Game

Can you clap your hands together in lots of different ways e.g. in front, above your head? Try doing this in sitting and standing.

Purpose

To promote upper body strength.

To promote co-ordination.

To promote motor planning.

Observation

Can the child clap with both hands in midline?

Can the child clap in different ways?

Equipment

Mats