

Tactile / Fine Motor - Level 1

1.4.2 Really Feely Game

Place different textures onto trays and bowls. Encourage the child to put in their hands and feet. (Suggestions for textures – cheerios, uncooked/cooked pasta, jelly, flour, sand etc.) Ensure that you have a mixture of hard, slimy, soft material.

Purpose

To promote tactile awareness

To promote awareness of sensory likes and dislikes

To promote eye-hand and eye-foot co-ordination

Observations

What are the child's likes and dislikes re: texture? (Look at their facial expression)

Does the child tolerate all textures, if not what don't they like?

Equipment

Trays

Bowls

Variety of materials (as above)