

Body Awareness - Level 2

2.3.3 Hot Dogs

The child lies on the floor and rolls into a blanket. The facilitator pats the child pretending to add sauce, onions etc to the 'hot dog'.

Purpose

To promote body awareness.

To promote tracking and anticipation.

To promote proprioception.

Observations

Does the child tolerate the activity?

What is their reaction?

Equipment

Blanket