

## **Body Awareness - Level 2**

### **2.3.4 Snowball**

Sit in a circle, roll a large ball to peers using hands, and then using bare feet.

#### **Purpose**

To promote body awareness.

To promote eye-hand and eye-foot co-ordination.

To promote tracking and anticipation.

To promote proprioception.

#### **Observations**

How accurately can the child pass the ball?

Do they use too much or too little force?

#### **Equipment**

Large gym ball.