Questionnaire – for school staff

Please print off this questionnaire to be completed ***during*** the presentation. Work in small groups or pairs.

Listen to the first **15** slides on the powerpoint then work through this questionannire. Feel free to pause the powerpoint between sections to allow time for discussion!

**Do Not** start until directed to ***or*** race ahead otherwise you may miss important information relating to your pupil’s individual sensory needs.

How to complete this questionnaire….

As each section is discussed, please circle/highlight the statements (if any)



that **affect your child’s function**.

Please Nb: Not all responses will be relevant to each individual pupil

For each section you will see a box on the right

To record the ‘overall’ type of response a pupil has to a particular sense

& to guide you to the most useful information leaflet.

(there is a space at the back of the questionnaire to be used as an overview)

Overview of sensory leaflets required (please tick)

|  |  |  |  |
| --- | --- | --- | --- |
| **Sensory system** | **Hyper**sensitive | **Hypo**sensitive | Seeking |
| Vision |  |  |  |
| Taste |  |  |  |
| Smell |  |  |  |
| Auditory |  |  |  |
| Touch |  |  |  |
| Vestibular |  |  |  |
| Proprioception |  |  |  |
| Interoception |  | | |

|  |  |
| --- | --- |
| **Other Associated Difficulties** |  |
| Oral motor behaviours |  |
| Toileting |  |
| Transition |  |

Sensory Questionnaire – for school staff

Please circle/highlight the statements (if any) that **affect a pupil’s function**.

Please n.b: Not all responses will be relevant

## Vision

Hypersensitive (avoiders)

* Prefers the dark
* Avoids sun / dislikes bright or florescent lights
* Covers eyes

Hyposensitive (poor registration)

Overall the pupil appears to be…

* Hypersensitive
* Hyposensitive
* Seeking
* N/A
* Doesn’t notice if people come into the room
* Unaware of light/dark contrast, edges etc.
* Responds late to visual information – obstacles in path

Seeking

* Seeks bright lights
* Looks at things out of the corner of their eyes
* Watches repetitive movements – finger flicking/ spinning

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## Taste

Overall the pupil appears to be…

* Hypersensitive
* Hyposensitive
* Seeking 
* N/A

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* Food acceptance
* Oral motor

Hypersensitive (avoiders)

* Likes bland foods
* Only eat certain tastes/ avoids tastes
* Only eats certain textures (smooth; crunchy; mixed textures)

Hyposensitive (poor registration)

* Doesn’t notice/ react strong tastes

Seeking

* Seeks out certain tastes
* Mouths objects ***(see oral motor section below)***
* Likes strong flavours

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## Smell

Hypersensitive (avoiders)

Overall my child appears to be…

* Hypersensitive
* Hyposensitive
* Seeking 
* N/A
* Doesn’t like strong smells
* Or specific aromas (floral; pungent; citrus etc.)

Hyposensitive (poor registration)

* Doesn’t notice/ react strong smells

Seeking

* Routinely smells non-food objects
* Seeks out certain smells
* Likes strong aromas

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## Auditory

Hypersensitive (avoiders)

* Covers ears
* Responds negatively to loud/unexpected noises
* Hears faintest sounds/ background noises

Hyposensitive (poor registration)

Overall the pupil appears to be…

* Hypersensitive
* Hyposensitive
* Seeking 
* N/A
* Doesn’t hear what people say
* Doesn’t respond to name
* Unaware of activity

Seeking

* Likes music/ noise
* Hums, sings makes sounds
* ‘Drops’ things to make a noise

Nb. Sensitivity may be more about ‘controlling’ their environment than pure sensory

e.g. need to be louder than peers or siblings; wants to control ‘radio’ choices; doesn’t like others talking.

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## Touch

Hypersensitive (avoiders)

* Doesn’t like getting messy
* Dislikes hair washed ***(see personal care section below)***

Overall the pupil appears to be…

* Hypersensitive
* Hyposensitive
* Seeking
* N/A
* Dislikes certain clothing/ labels
* Over reacts to touch (emotional or aggressive)

Hyposensitive (poor registration)

* Decreased awareness of pain/temp
* Doesn’t notice when touched
* Doesn’t notice when hands/face messy

Seeking

* Wants tight hugs
* Squeezes into tight spaces
* Touches objects++

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## Vestibular

Overall the pupil appears to be…

* Hypersensitive
* Hyposensitive
* Seeking
* N/A

Hypersensitive (avoiders)

* Dislikes playground activities (esp. swings/ roundabouts)
* Uncomfortable on escalators/stairs
* Head upside down

Hyposensitive (poor registration)

* Poor endurance/ tires easily (especially when holding a particular body position such as standing for a bus
* Slumps in chair/ leans++/ props self to support during an activity
* Weak muscles

Seeking

If you pick up vestibular seeking always pick up the proprioception leaflet too!

* Seek movement
* Can’t sit still
* ‘Thrill seeker’ - fast moving/spinning
* Rocks/spins self

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## Proprioception / Body awareness

Hypersensitive -Doesn’t tend to happen!

Overall the pupil appears to be…

* Hyposensitive
* Seeking
* N/A

Hyposensitive (poor registration)

* Low muscle tone
* Weak grasp
* Poor body awareness

Seeking

* Bumps into things
* Likes tight clothing
* Likes squeezing into tight spaces

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**OTHER ASSOCIATED DIFFICULTIES**

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**Oral motor behaviours**

* Oral motor/biting
* Chewelry
* Mouthing
* Pica
* Licking
* Biting
* Chewing

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**Toileting**

* Smearing
* Toilet training
* Bottom wiping

Nb. Also speak with your school nurse

* Smearing
* Toilet training

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**Transitions**

* Transition
* Social scripts
* Change
* Between activities
* Class group

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