

# **Tactile / Fine Motor - Level 1**

## **1.4.1 Rub A Dub Dub**

Place a small blob of shaving foam (or other appropriate substance) on arms and legs, in front of a mirror – encourage the child to rub it off.

**NB. Use substances that are child friendly and suitable for sensitive skins**

### **Purpose**

To increase body awareness

To increase tactile awareness

To develop eye-hand co-ordination

### **Observations**

Does the child tolerate substance on skin?

Do they make any attempt to 'rub off' the substance?

### **Equipment**

Shaving foam or bubbles from bubble bath mixture

Mirror